Amber is not a "stone" but a natural resin. So as it warms with the body's natural temperature, amber releases its healing oils (these oils contain succinic acid) which are easily absorbed into the skin and then into the bloodstream. Baltic Amber has some of the highest concentrations of Succinic Acid found in nature, and this is what makes it so special. Succinic Acid is a natural component of plant and animal tissues, and it's presence in the human body is beneficial in many ways.

Amber is also known to reduce inflammation of the throat, ear and stomach and to fight irritation, infections and respiratory disease as it dramatically improves the body's immunity. Natural amber beaded necklaces are a completely non-invasive remedy for side effects associated with teething, such as lack of appetite, upset tummies, ear ache, fevers and colds. Baltic amber is also a natural analgesic that will calm your child and is recognized by allopathic medicine specialists as antispasmodic and anti-fever. Many adults report improvement of arthritis discomfort in their hands when wearing amber on the wrists. Baltic amber facts

•Amber is a fossilized tree resin that has taken millions of years to form.

•Baltic amber is the only fossil resin that contains 3-8 % succinic acid, a medicinal substance with diverse effects. The highest content of the acid is found in the amber cortex--the external layer of the stone.

•Raw Baltic amber comes in diverse forms drops , icicles, dripstones and nuggets of various sizes, which show how it was formed and how it travelled – each piece is totally unique.

•Amber has a great diversity of color varieties, most common being cognac, honey, green, lemon, golden, butterscotch.

•Highly prized and greatly valued, amber will sometimes appear with inclusions that date back to its origination...a tiny piece of plant or a fragile insect that became part of the flowing resin and therefore preserved millions of years ago.

•Amber nuggets are warmer than other stones and when rubbed, they attract bits of dry grass and paper, as amber becomes electrically charged. It charges negatively, which is beneficial for people. •Amber nuggets burn when lit, with a bright yellow flame, exuding a pleasant resinous scent. •Baltic amber is alive, as the process of its internal transformations continues and it is beneficial to human beings.

How can Baltic amber help us?

Providing pain relief -

Baltic amber's remarkable medicinal properties include analgesics that reduce or eliminate pain associated with headaches, joint stiffness, dental discomfort such as teething, etc.

Strengthening your immune system -

Succinic acid is the primary substance in natural Baltic Amber and has remarkable ability to boost the body's immune system, to enhance natural healing, and to protect the body from infection. Restoring Energy –

Succinate is a raw material and a major catalyst in the Krebs Cycle, one of our main sources of energy. During this cycle, our bodies metabolize carbohydrates, fats, and proteins for energy. metabolized for energy. Our own bodies naturally produce the same succinic acid to some extent. Succinic acid contains salt which is one of the key substances in cellular respiration as well as íntercellular energy production. As a result, succinic acid restores both oxygen and energy to depleted cells and aids the body in returning to a normal, fully functional state. Maintaining Wellness -

under stress or duress, the human body's cells require more oxygen more quickly. A lack of oxygen can result in lethargy as oxygen is vital to the intercellular creation of energy. When the body has low oxygen, it is much more at risk of illness. A healthy body is one that has a slightly alkaline blood "ph" balance which means that oxygen is being fully absorbed in all the critical areas with ease. Breaking a cycle of (chronic) inflammation -

whenever there is any form of chronic inflammation, disease is a good probability. With chronic cellular inflammation, the body's immune system will automatically increase production of free radicals which can, in excess, cause inflammatory-related disease. Chronic inflammation is quite of the underlying factor in many seemingly unrelated illnesses.

## Putting Amber to work for you -

wearing natural Baltic amber jewelry may not cure everything that ails you but it has definitely proven itself as a deterrent to pain and unwanted illnesses. Why not put Amber to work for you in helping your body feel better and stay healthy?

## Caring for your precious Amber jewelry

Amber needs to be cared for and treasured like any valuable property. Because amber is soft and can be brittle because of age, it's most important to be concerned about chemicals and oxidation. Your amber should not be stored with other jewelry where it can rub against other pieces, especially metals. We recommend that you place your amber in a soft pouch (flannel and velvet are ideal for this purpose) with a drawstring for closing.

To clean your amber, use a soft flannel cloth dampened with clean lukewarm water. You should dry your amber very carefully, lightly polish with clear olive oil, and then remove any excess oil and restore the polish with another soft cloth.

Be sure to keep perfume or hairspray and similar chemicals away from your amber and never place your jewelry in commercial cleaning solutions. Because of the very sensitive nature of amber, you should also remove amber jewelry if you are cooking so that the amber is not exposed to excessive heat.

## Important Safety Notice:

Please supervise your child at all times while wearing the necklace. Amber necklaces are made for wearing not for chewing! Amber will crack and break under too much pressure. Teething jewelry should be removed when child is sleeping or unattended! We (Oh Baby Mine) assume no responsibility if any harm should come to the child due to misuse of our products. Amber artisans or any other parties involved in creating, producing, manufacturing or services provided on this site shall not be liable for any direct or indirect, consequential, incidental, punitive, special or otherwise damages arising out of access or use of this site and its products.